

Dear young patient,

1. All of the doctors here (including me, [ Provider Name ] ) at [ Clinic Name ] are trustworthy adults. You can come in and talk with us about any medical or social or sexual issue, or anything else you can dream up. Consider us a resource as you are growing up.
2. No one has the right to hit you (other than parents on the butt with an open hand – this is the only legally acceptable contact).
3. No one has the right to touch you on any body part or make you do things you are uncomfortable with. If you aren't sure about something, always talk to your trusted adults (can talk to me about this, you would never be in trouble for this).
4. You should never make someone else do something they don't want to do, either.
5. No secrets should be kept from your parents or your doctors (except birthday surprises!).
6. Brush your teeth twice a day!
7. See us every year for a check-up.
8. I'm glad you are doing so well – I will see you at your next visit!

Warmly,

[ Provider Name ]